

Welcome to Wasa Wellness! CLASSICAL BODY MASSAGE-

For your treatment for 40 min you can choose between massage for your legs, back massage, neck, shoulders and head and facial massage.

A classic body massage relaxes muscles, improves their metabolism and speeds up recovery from stress. Classic body massage is manipulation of soft parts of body. Its effects are shown on muscles, skin, nerves, blood circulation and lymph. Overall they improve basic well being. Psychological effects of the massage are improved mental health, raised self-esteem, calming down and relaxation. Treatment is safe during pregnancy.

You should reserve around an hour for your visit. We hope you will enjoy your stay!