

Welcome to Wasa Wellness - Bamboo massage

After laying down on the massage table, the therapist applies oil on your body to get your skin ready for the bamboo. The Bamboo Massage works by using hollow organically-treated bamboo cane of different lengths and diameters on the body.

These bamboo canes are both hard and straight, but also light. The longer sticks are used for gliding strokes on the larger muscles such as the back and thighs, while the smaller ones are used for more detailed work such as on the feet. The bamboo cane is able to give a deeper, firmer massage, and is held by the therapist and rolled over the muscle with the same strokes they would use with their hands. Hands are also used to give a more complete feeling to the massage.

You should reserve around an hour for your visit- the massage is 40 min. We hope you will enjoy your stay!